



Mail or Fax this form to the address below by June 1.

WV Summer Camp  
124 Coventry Lane  
North Andover MA 01845

Fax 978-824-7509

## Health History and Examination Form for Campers and Staff

The information on this form is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care. Health history (first three pages) must be filled out by parents/guardians of minors or by adults themselves. Update required annually. Health exam (back page) must be completed by approved licensed medical personnel at least every year.

Name \_\_\_\_\_ Birth date \_\_\_\_\_ Age at camp \_\_\_\_\_  
Last First Middle

Home address \_\_\_\_\_  
Street Address City State Zip

Social security number of participant \_\_\_\_\_ Gender:  Male  Female

Custodial parent/guardian \_\_\_\_\_ Phone \_\_\_\_\_

Home address \_\_\_\_\_  
(if different from above) Street Address City State Zip

Business address \_\_\_\_\_ Phone \_\_\_\_\_  
Street Address City State Zip

Second parent or guardian or emergency contact \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_  
Street Address City State Zip

Business address \_\_\_\_\_ Phone \_\_\_\_\_

If not available in an emergency, notify \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
Street Address City State Zip

### Insurance Information

Is the participant covered by family medical/hospital insurance?  Yes  No

If so, indicate carrier or plan name \_\_\_\_\_ Group # \_\_\_\_\_

- Photocopy of front and back of health insurance card must be attached to this form.

### Important — This section must be completed for attendance\*

This health history is correct and complete as far as I know. The person herein named has permission to engage in all camp activities except as noted.

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes.

It is my intention that the camp be treated as acting *in loco parentis* if the person herein named is a minor. Further, it is my intention that the appropriate representatives of the camp be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996. I hereby agree (pursuant to 45 CFR § 164.510(b)) to the disclosure to camp representatives of the protected health information of the person herein described, as necessary: (i) to provide relevant information to the camp representatives related to the person's ability to participate in camp activities; and (ii) in the case of minors, to provide relevant information to the camp representatives to keep me informed of my child's health status.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of parent or guardian or adult camper/staffer \_\_\_\_\_

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

I also understand and agree to abide by any restrictions placed on my participation in camp activities

Signature of minor or adult camper/staffer \_\_\_\_\_ Date \_\_\_\_\_

**Health History**

The following information must be filled in by the parent/ guardian, or adult camper or staff member. The intent of this information is to provide camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs.

ALLERGIES List all known. Describe reaction and management of the reaction.

Medication allergies (list) \_\_\_\_\_

Food allergies (list) \_\_\_\_\_

Other allergies (list) — include insect stings, hay fever, asthma, animal dander, etc. \_\_\_\_\_

**MEDICATIONS BEING TAKEN**

Please list ALL medications (including over-the-counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

\_\_\_\_ This person takes NO medications on a routine basis.

\_\_\_\_ This person takes medications as follows:

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Attach additional pages for more medications.

Identify any medications taken during the school year that participant does/may not take during the summer:

**RESTRICTIONS**

The following restrictions apply to this individual.

**Dietary**

Does not eat poultry

Does not eat red meat

Does not eat pork

Does not eat seafood

Does not eat dairy products

Does not eat eggs

Other (describe) \_\_\_\_\_

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

**General Questions (Explain "yes" answers below.)**

| Has/does the participant:                             | YES | NO |  | YES | NO |
|---|-----|----|--|-----|----|
| Had any recent injury, illness or infectious disease? |     |    | Ever had back problems?  |     |    |
| Have a chronic or recurring illness/condition?        |     |    | Ever had surgery?  |     |    |
| Ever been hospitalized?                               |     |    | Ever passed out during or after exercise? .....                          |     |    |
| Wear glasses, contacts or protective eye wear?        |     |    | Ever been dizzy during or after exercise?                                |     |    |
| Have frequent headaches?                              |     |    | Have any skin problems (e.g., itching, rash, acne)?                      |     |    |
| Ever had a head injury?                               |     |    | Have diabetes?   |     |    |
| Ever been knocked unconscious?                        |     |    | Have asthma?   |     |    |
| Ever had seizures?                                    |     |    | Ever had high blood pressure?  |     |    |
| Ever had frequent ear infections?                     |     |    | Ever had an eating disorder?   |     |    |
| Ever had chest pain during or after exercise?         |     |    | Have a history of bed-wetting?   |     |    |
| Ever been diagnosed with a heart murmur?              |     |    | Had mononucleosis in the past 12 months?                                 |     |    |
| Ever had problems with joints (e.g., knees, ankles)?  |     |    | Have an orthodontic appliance being brought to camp?                     |     |    |
| Had problems with diarrhea/constipation?              |     |    | Ever had emotional difficulties for which professional help was sought?. |     |    |
| If female, have an abnormal menstrual history?        |     |    | Have problems with sleepwalking?   |     |    |

Please explain any "yes" answers, noting the number of the questions.

---



---



---



---



---



---

Which of the following has the participant had?

- Measles
- Chicken pox
- German measles
- Mumps
- Hepatitis A
- Hepatitis B
- Hepatitis C

TB Mantoux Test \_\_\_\_\_  
 Date of last test \_\_\_\_\_  
 Result  Positive  Negative

Please give all dates of immunization for:  
 Vaccine Dates:

|                         | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr |
|-------------------------|-------|-------|-------|-------|-------|-------|
| DTP                     |       |       |       |       |       |       |
| TD (tetanus/diphtheria) |       |       |       |       |       |       |
| Tetanus                 |       |       |       |       |       |       |
| Polio                   |       |       |       |       |       |       |
| MMR                     |       |       |       |       |       |       |
| or Measles              |       |       |       |       |       |       |
| or Mumps                |       |       |       |       |       |       |
| or Rubella              |       |       |       |       |       |       |
| Haemophilus influenza B |       |       |       |       |       |       |
| Hepatitis B             |       |       |       |       |       |       |
| Varicella (chicken pox) |       |       |       |       |       |       |

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware.

---



---



---



---



---



---

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Name of family dentist/orthodontist \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

**Health Care Recommendations by Licensed Medical Personnel**

I examined this individual on \_\_\_\_\_ (WVCS requirements specify exams within 24 months of camp attendance.)

BP \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

In my opinion, the above applicant   is     is not   able to participate in an active camp program.

The applicant is under the care of a physician for the following conditions

\_\_\_\_\_

Recommendations and Restrictions at Camp

Treatment to be continued at camp

\_\_\_\_\_

Medications to be administered at camp (name, dosage, frequency)

\_\_\_\_\_

Any medically-prescribed meal plan or dietary restrictions

\_\_\_\_\_

\_\_\_\_\_

Known allergies

\_\_\_\_\_

Description of any limitation or restriction on camp activities

\_\_\_\_\_

Additional information for health care staff at the camp \_\_\_\_\_ \

Signature of Licensed Medical Personnel \_\_\_\_\_

Printed \_\_\_\_\_ Title \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Date \_\_\_\_\_

=====+

For camp use only - Screening Record

Date screened \_\_\_\_\_ Time \_\_\_\_\_ am/ pm

Meds received

\_\_\_\_\_

\_\_\_\_\_

Updates/additions to health history noted   Yes     No     None required  

Current health needs identified \_\_\_\_\_

\_\_\_\_\_

Observational notes \_\_\_\_\_

\_\_\_\_\_

Screened by \_\_\_\_\_